



# ChooseLife.org BRINGS YOU JASON REID

The Tell My Story event is unlike any mental health event in the country.

Jason talks to you from the real perspective of loss, self-analysis, and redemption as he tries to help others avoid what happened to him.

In the year following his son's death, Jason has done a TEDx Talk, Goalcast, and ThriveUnion talk where he openly talks about the loss of his son and the signs that he wishes he saw.

His documentary film, Tell My Story, follows Jason's journey to discover what exactly happened to his son and what is happening to kids all around the world.

On his website [chooselife.org](http://chooselife.org), Jason has outlined a plan to end teen suicide by 2030 and is dedicating the next ten years of his life to achieving this goal.

**THE  
MISSION OF  
[chooselife.org](http://chooselife.org)  
IS TO END TEEN SUICIDE  
BY 2030:**

- ♥ PILLAR 1:  
THE PARENTS
- ♥ PILLAR 2:  
THE SCHOOLS &  
GOVERNMENT
- ♥ PILLAR 3:  
THE CHILDREN
- ♥ PILLAR 4:  
THE MEDICAL COMMUNITY
- ♥ PILLAR 5:  
SOCIAL MEDIA



# THE TALK WILL COVER

- ✔ What happened, how did it get so bad, why are so many of our kids hurting the way they are?
- ✔ What are the signs that your child might be in danger? What should you look for?
- ✔ How do you have a conversation with your kids about their brain health and what do you say when they respond with, "I'm fine."
- ✔ Creating a "Happiness" plan for you kids and for yourself
- ✔ What we need to do to End Teen Suicide, by 2030.

For added impact, the talk can be adapted to bring local chapter teens up on stage to answer questions about

*What it's like to grow up today?  
What they really want in terms of support from their parents? What their friends are thinking and doing and what they think will solve our crisis?*

Jason is a 25 year, Vistage, EO, and YPO member. He has seen more speakers than he cares to admit and understands the importance of your time. You will leave this event with a better understanding of your teens. What they are thinking and feeling, specific tools to allow you to connect with them better, and you will help them to maneuver through the world they live in.

**TO BOOK JASON**  
Email : [jason@chooselife.org](mailto:jason@chooselife.org)